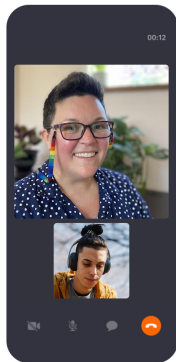
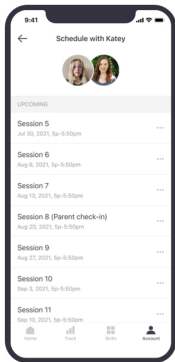


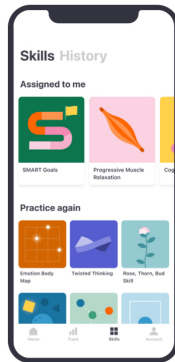
# LGBTQ-affirming online therapy for 13-26 year-olds

[go.joon.com/pridefrisco](https://go.joon.com/pridefrisco)



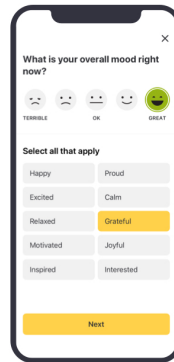
## Therapy Sessions

Convenient, scheduled, one-on-one therapy with qualified professionals.



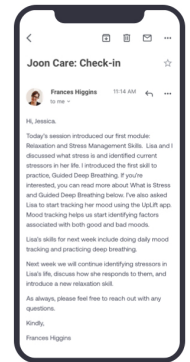
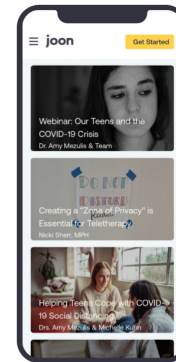
## Skill Building

Interactive tools to support skill building and resilience



## Support for Parents/Guardians

Therapist check-ins, articles and online resources.



Is your child:

- Feeling anxious, stressed, overwhelmed?
- Feeling depressed or sad?
- Feeling unmotivated or lost?
- Having problems with friends or family?
- Self confidence issues?
- Having thoughts of self harm?
- Having sleep troubles?
- Grieving or going through a loss?

Joon can help get your happy family back.

## Joon Care shows high effectiveness in treating depression and anxiety

**87%**

Recovery from severe anxiety

**75%**

Recovery from severe depression

Recovery means being below the clinical symptom cutoff for at least half of the prior four weeks. In comparison, a study in 2017 reported 43% recovery after outpatient CBT for anxiety and in 2009 27% recovery after outpatient CBT for depression..

